

Osgwae'da'



Wild ginger

Na'od- Asarum Canadense

Gawëh- a:nohgeh oehda'(moist soil)

Ësyä'dak- saeyadage'has ga:nyo' ësato winyos (it helps you when you have a cold)

Ësajänö'k jë:gwah ähdahgöh we:so' ësajä'dak
(It'll become poisonous if you consume too much)

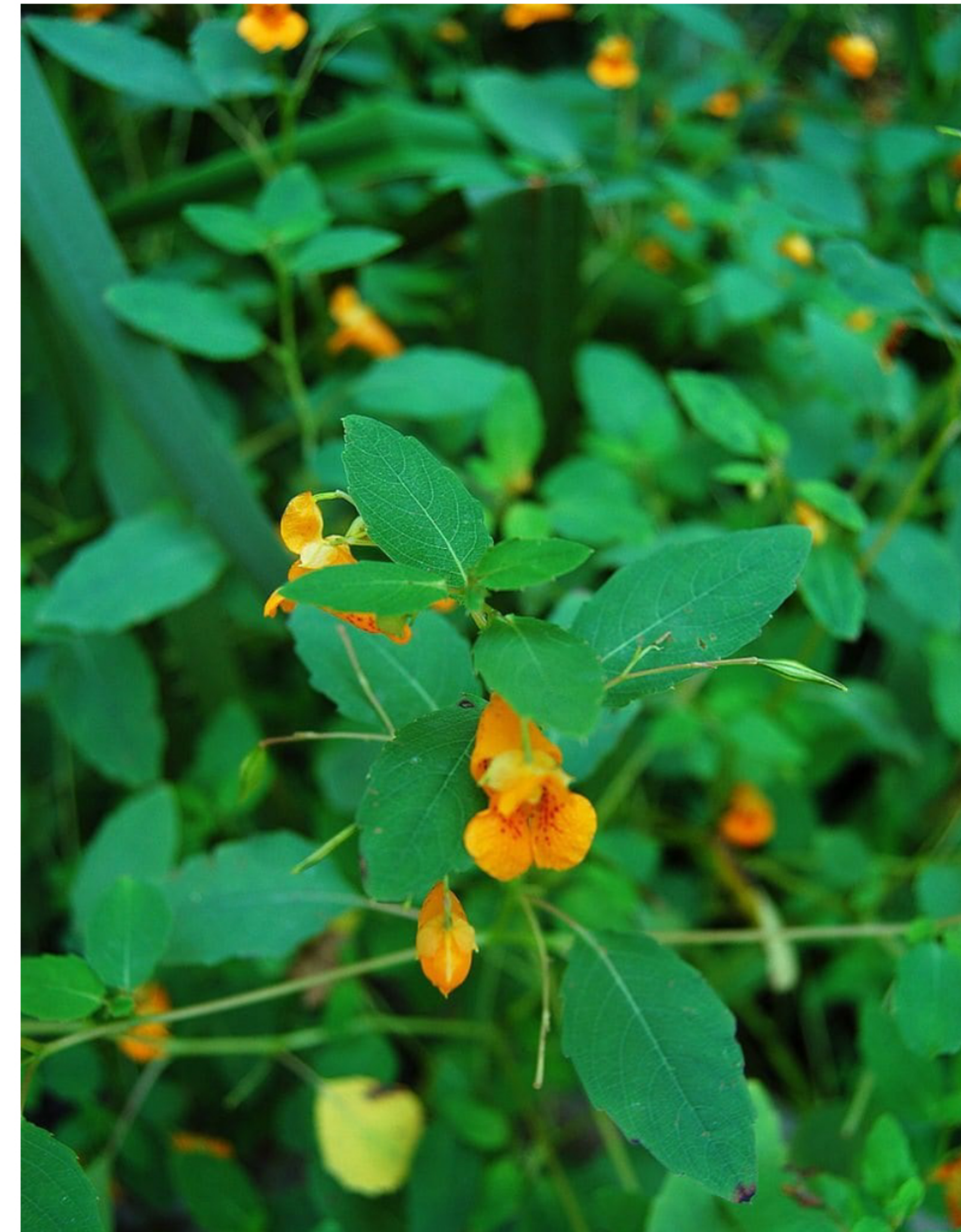
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Awëöniyö:n



Jewel weed

Na'od- Impatiens Capensis

Gawëh- gë'ögä:gö:h, (ditch) gëhökdaje' (along creek)
Ësyä'dak- saya'dageha' ga:nyo' ësa'ënë:', ësësgö:da't,
ësadate:', sayöhwanih.

(It helps when you have poison ivy, burns, cuts, and itchy skin)

Ësajänö'k jë:gwah ähdahgöh we:so' ësajä'dak
(It'll become poisonous if you consume too much)

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Deganiya'hö:ta'



Boneset

Na'od- Eupatorium Perfoliatum

Gawëh- gë:tëh (field), gëda:yë' (meadow), wak'ah
ganyowëö (next to the swamp)

Ësyä'dak- gaya'dagehas ganyo' ësatowi:nyo's (it helps you
when you have a cold), dega'neya'hönta (mends bones).

Ësajänö'k jë:gwah ähdahgöh we:so' ësajä'dak
(It'll become poisonous if you consume too much)

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Ganë'döta'



Yarrow

Na'od- Achillea Millefolium

Gawëh- gë:tëh (field), oa:kda:je's (along road), gëda:yë'
(meadow).

Ësyä'dak- saya'dageha ganyo ëse'sgö:nda't, sayöhwanih,
desegëja'göh, saöhdanö:wö:s
(it helps you when you have a burns, itchy skin, bruises, ear
pain)

Desaganö't onëhda' ganë'döta' gaya'dageha' sano'janö:wö:s
(chew on the leaves of yarrow it helps with toothaches)

Ësajänö'k jë:gwah ähdahgöh we:so' ësajä'dak
(It'll become poisonous if you consume too much)

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Onöhoni'da'



Milk Thistle

Na'od- Sliybum Marianum

Gawëh- gë:tëh (field), oa:kda:je's (along the road)

Ësyä:dak- saya'dagehas ganö'gwa'syö:ni' (it helps you make milk), otwëhsa sagatgwëhsa'syö:nih (it repairs liver), ëseko:ni' na'od ësä'go' (you can eat what you pick)

Ësajänö'k jë:gwah ähdahgöh we:so' ësajä'dak
(It'll become poisonous if you consume too much)

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Deya:öh



Plantain

Na'od- Plantago Major

Gawëh- gë:tëh (field), oa:kda:je's (along the road), gëda:yë' (meadow)

Ësya:da'k- saya'dagehas ëse'sgö:da't, ësadate:', sayöhwanih, wahdë'gwas onöhwëö deya:öh gaya'dagehas seswa:gö's. (It helps your burns, cuts, itchy skin, swelling, and helps you when you have an upset stomach)

Ësajänö'k jë:gwah ähdahgöh we:so' ësajä'dak
(It'll become poisonous if you consume too much)

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Jigöhsahsë'gëhga:'



Mullein

Na'od- Verbasum

Gawëh- gë:tëh (field), gëda:yë' (meadow), oa:kda'je's (along the road).

Ësya'da:k- sayadagehas ganyo ësatowi:nyo's, jigöhsahsë' gëhga:' onö' saoda'no's onöhgwa'shä'tsi:yoh saöhdanö's (mullien oil is good medicine for an earache), ogwenyoh ësagëödë' jigöhsahsë' gëhga:' saya'dageha' jë:gwah sadö:nye's (you can smoke mullien itll help your breathing).

Ësajänö'k jë:gwah ähdahgöh we:so' ësajä'dak
(It'll become poisonous if you consume too much)

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Okdeä'



Queen Anne's Lace

Na'od- Daucus Carota

Gawëh- gë:tëh (field), oa:kda:je's (along the road),
gëda:yë'(meadow)

Ësyä'dak- gonoidzas honoidza (prevents seizures), o'gaya'gët ohgwenö'ka ga'sgwa' (it dissolves kidney stones).

Ësajänö'k jë:gwah ähdahgöh we:so' ësajä'dak
(It'll become poisonous if you consume too much)

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Oehda'



Sweet Flag

Na'od- Acorus Calamus

Gawëh- gëda:yë (meadow), ganyowëö (swampy)

Ësyä'dak- sanyosa;no's (sore throat), ëseswago's (upset stomach), desasganö't okdea' o:ehda' sano'janö'wö:s (chew on root of sweet flag helps with toothache), saya'dageha's sa'döhgoëöh (helps with fevers), yeöhka' deyagodëntwas (feminine problems)

Ësajänö'k jë:gwah ähdahgöh we:so' ësajä'dak
(It'll become poisonous if you consume too much)

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Gëödanëhgwihshä:gës



Black Cohosh

Na'od- Actaea Racemosa

Gawëh- gahadagö:shö' (in woods), odihsgayokda:je' (edge of woods)

Ësyä'dak- ha'desgoyënda't sya'deyënda:je's (relaxant), desa'neyanö:kö' (achy bones)

Ësajänö'k jë:gwah ähdahgöh we:so' ësajä'dak
(It'll become poisonous if you consume too much)

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